

Central Market

CAFE

BREAKFAST

7AM - 10:30 AM

MAIN DISHES

All American Breakfast

460 cal...\$6.5

Two eggs cooked to order, breakfast potatoes, and wheat toast.

Add bacon 150 cal...\$2

Add sausage 270 cal...\$2

Organic Oatmeal

380 cal...\$4.5

Rolled oats with mixed berries and brown sugar.

Challah French Toast

710 cal...\$7

Thick-sliced challah dipped in vanilla custard, topped with fresh berries and served with maple syrup.

Granola and Yogurt

390 cal...\$6

Greek yogurt with granola and mixed berries.

Breakfast Tacos

\$2.75

Bacon, egg, cheese

Bean & cheese

Chorizo, egg, cheese

Brisket, egg, cotija

Potato, egg, cheese

Sausage Wrap

\$1.99

Beef & pork sausage wrapped in a flour tortilla.

SIDES

Two Eggs Any Style

180 cal...\$2.5

Hickory Smoked Bacon

150 cal...\$3

Sausage Patties

440 cal...\$3

Breakfast Potatoes w/ Pepper &

Onions
170 cal...\$2

Fresh Fruit

80 cal...\$2.5

KIDS' MENU (10 AND UNDER)

Breakfast Plate

250 cal...\$4

Scrambled egg, breakfast potatoes, and wheat toast.

French Toast

390 cal...\$4

Thick-sliced challah dipped in vanilla custard, topped with fresh berries and served with maple syrup.

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CAFÉ

FEATURED BREAKFAST

7AM - 10:30 AM

SPECIALS

BREAKFAST CROISSANT \$6

Stuffed with eggs, bacon, cheddar & tomato.
Served with a side of fruit.

BAGEL WITH CREAM CHEESE \$2

Plain or Everything

PANCAKES \$6

2 jumbo pancakes.
Served with maple syrup.

MIGAS \$5.5

Scrambled eggs, corn tortilla chips, pico de gallo, &
cheddar jack cheese. Served with a side of potatoes
and flour tortillas.

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SALADS

Steak Salad

1250 cal...\$10

Grilled flank steak with romaine lettuce, cheddar cheese, tomatoes, eggplant, onions, olives, blue cheese, bacon bits and ranch house made dressing.

Asian Salmon Salad

130 cal...\$12

Baked soy salmon with field greens, cilantro, mango, carrots, cucumber, wasabi, peanut orange sauce, and spaghetti.

SUBS, SANDWICHES & WRAPS

OM Burger

F40 cal...\$8.99

Grilled ground sirloin - served with fries or fruit
- Cheese or Bacon, Lettuce

Salmon Burger

chef special ...\$9.99

Capered salmon, avocado mashed potato, seaweed salad on a Pita or Lettuce - served with fries or fruit

Roasted Turkey Club

F40 ...\$10

Turkey, bacon, lettuce, swiss, lettuce, mayo, honey
Whole wheat bread - served with fries or fruit

Vegetable Burger

F40 cal...\$12.99

Tomato, zucchini pasta - served with fries or fruit

Grilled Chicken Breast Sandwich

F40 ...\$8

Chicken, chipotle aioli, lettuce, swiss, onion, pepper jack, tomato - served with fries or fruit

Mediterranean Chicken Wrap

KID ...\$6

Lemon herbory chicken breast with field greens, cucumbers, sliced red peppers, black olives, feta, and balsamic vinaigrette
in a tortilla with hummus - served with fries or fruit

Turkey Bacon Panini

E80 ...\$9

Roasted turkey and bacon with spinach, provolone
cheese, and chipotle mayonnaise on sourdough bread.

PIZZAS

Artichoke Olive Mushroom

1550 ...\$18

Red sauce base with marinated artichokes, olives,
mushrooms, and feta

Basic

1440 ...\$10

Pomodoro sauce with pepperoni, sausage, mushrooms,
onions, bell peppers, mozzarella, and crushed red
pepper

Traditional Cheese

1440 ...\$8

Pomodoro sauce with mozzarella, parmesan,
provolone, and feta

SIDES

French Fries ... \$5

Sweet Potato Fries ... \$5

Fresh Fruit ... \$5

SOUP OF THE DAY

Please ask about today's selection.

KIDS' MENU (10 AND UNDER)

Burger 350 cal...\$5

FB BLT 500 cal...\$5

Grilled Cheese 620 cal...\$5

Chicken Fenders 530 cal...\$5

- Served with fries or fruit